

# QUALITY

Since 1960

HEATING and COOLING INC.  
(314) 961-3181

# NEWSLETTER

Volume 1 Issue 4

737 Marshall Ave.  
Webster Groves, MO 63119  
[www.qualityheatingandcool.com](http://www.qualityheatingandcool.com)

Proudly serving St. Louis and the surrounding areas since 1960. We are a 3<sup>rd</sup> generation family company providing honest and dependable service.

Quality Heating and Cooling, Inc., started in 1960 by Richard Wagner, Sr. Richard continues to enjoy his work with our Customers and considers each Customer a part of the Quality Heating and Cooling, Inc., family. We hope you find this Newsletter educational, entertaining and to maybe bring you a laugh or two. Any feedback is extremely valuable and appreciated. **If you would like to provide your comments, please email [info@qualityheatingandcool.com](mailto:info@qualityheatingandcool.com).** ENJOY!

Why did the AC man cross the road? He opened the AC and found a wasp's nest in it.



### How Do You Like To Communicate?

Being a progressive business while retaining our core values is very important. To serve you better new ways of communication have been implemented. You can now **TEXT** us at (314) 961-3181, **EMAIL** us at [amybhvac@gmail.com](mailto:amybhvac@gmail.com), **CHAT** online at [www.qualityheatingandcool.com](http://www.qualityheatingandcool.com), or **MESSAGE** us from our Business Google page. Of course your **PHONE** calls are still very welcome!



### CARBON MONOXIDE (CO) POISONING



### THE INVISIBLE MONSTER

If you could prevent a burglar from sneaking into your home, wouldn't you do it? There is a silent and masked culprit that can show up putting your health and life in danger. It is known as Carbon Monoxide. Without any warning, this colorless, tasteless, odorless gas, that does not irritate, comes without warning until you, your family and pets are

ill. According to the Missouri Poison Center, 15,000 people are sent to the Emergency Room every year along with 500 deaths due to Carbon Monoxide (C.O.) poisoning. Risks for Carbon Monoxide poisoning increase during the cold months because of the increase in furnace and other heating systems' usage. C.O. comes from the fumes of burning fuel when it's not clean burning with good ventilation and lots of fresh air. Symptoms of C.O. poisoning are similar to the flu but do vary between different people, adults and children. This chart shows the poisoning signs. Taking steps to safeguard you and your family is vital.

### Signs of carbon monoxide poisoning



Here are a few recommendations;

1. Install a carbon monoxide detector in at least one adult's bedroom, changing the batteries every 6 months. 2. Ensure your fireplace flue is open and working.

Have your chimney clean and checked every year. 3. Do not burn fuel run items indoors except appliances that are for the inside of your home. 4. Have your heating system professional clean and checked annually. 5. If any vent pipes to gas appliances need repair, have a professional fix it promptly.

**If you have questions or would like your furnace checked please call us today!**





## ASK OUR EXPERT

Richard Wagner, Sr.,  
Owner

### Why is it necessary for me to change my air filter monthly?

The filter helps protect the cooling coil and other parts of the system. When the coil gets dirty, air flow is restricted causing mold and high temperature safety limits to fault when in heating mode. A dirty filter also causes the furnace to run longer than needed which increases utility bills. Your filter protects your blower motor, helping to increase its life span. It is essential to replace your filter each month for a longer lasting and more energy efficient system.



Does Your Home Really Need a Whole-House Humidifier?

### What Can a Whole House Humidifier Do For You?

A whole house humidifier installed by our company can improve you and your

family's health and comfort. How? A humidifier monitors and adjusts the humidity levels in your air, to your setting. Since the humidified air reaches every room of your home, the healthier air helps protect against the spread of many viruses, decreases bloody noses, cracked skin and chapped lips, snoring, a dry throat and allergy symptoms. Additionally humidified heated air allows you to keep your thermostat set several degrees lower without compromising comfort, lowering your utility costs. Our line of humidifiers can be installed on your current system in most homes in about 4 hours, at an affordable cost. If you are interested in more information please do not hesitate to contact our office today!



### Don't Shiver Over Your Utility Bills This Winter!

The cold months are right around the corner and so will the higher utility bills. To help keep more money in your pocket here are a few (and sometimes free) tips to help with your utility costs.

- Regulate your temperature with a smart or programmable thermostat
- Open your blinds on the south end of your home during the day to let the sun help warm your home and close in the evening
- Change your air filter monthly
- Seal leaks with caulk indoors around windows and doors
- Keep your HVAC system maintained with a professional clean and check
- Own a fire place? Keep your damper closed, except when a fire is going, caulk around the heath and check the flue damper
- Turn your water heater down to 120°F

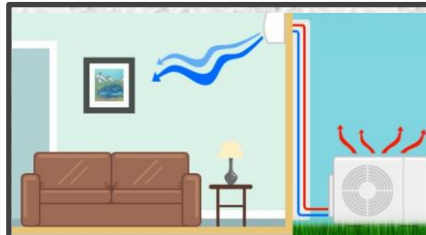
## COOKING WITH CAROL



We are huge believers in being healthy and sharing. Co-Owner Carol dishes on an easy fall snack for you and yours. Enjoy!

- 1 Medium sized pumpkin
- 1 Tablespoon of oil
- Lawry's Seasoned Salt

Remove all seeds from pumpkin. Place in bowl and remove as much pulp as you can. Soak seeds in warm water then strain to remove rest of pulp. Add 1TBS of oil to seeds and spread out in one layer across baking pan. Avoid clumps. Sprinkle with Lawry's seasoned salt. Bake at 350° for 10 mins. Stir halfway, they burn easily. When seeds are golden, they are done. **ENJOY!!**



## DITCHING THE DUCTS

Is a Ductless system right for you? This newer type of heating and cooling system is the wave of the future and more Homeowners are going Ductless. Whether you need to heat and/or cool one room or multiple, the Ductless system may be a great option for you!

Customers have been choosing to go Ductless to heat and cool a second or third floor, garage, outdoor workshop or additions. 29 of our systems are Energy Star rated and we offer different indoor units including; high wall units, floor units and ceiling cassettes. No more battles over the thermostat since each room temperature is controlled by its own unit and remote control thermostat. It is that simple! If you are interested in learning more about a Ductless system please call us today for more information and a free proposal.



Are you scheduled for Spire (formerly Laclede Gas) to change your gas meter or inspect the gas lines in your home? During some inspections your gas may be turned off due to leaks. If this is the case we are here to help! Our technicians are equipped with the technology and detectors needed to ensure repairs are made properly and quickly. Call us for more information.



At Quality Heating and Cooling we believe that more money should stay in your pocket. This is why any rebates you receive for upgrading your heating and cooling system are instant rebates so you do not have to wait for checks to be mailed. Instant rebates up to \$850 can be applied to the purchase of upgrading your heating and cooling equipment. Call today for a free proposal!

